

**NORTHERN
THERAPEUTIC
ALLIANCE**

CHANGE ALONE IS UNCHANGING

Northern
Therapeutic
Alliance presents,
live, and in person

Embodiment:

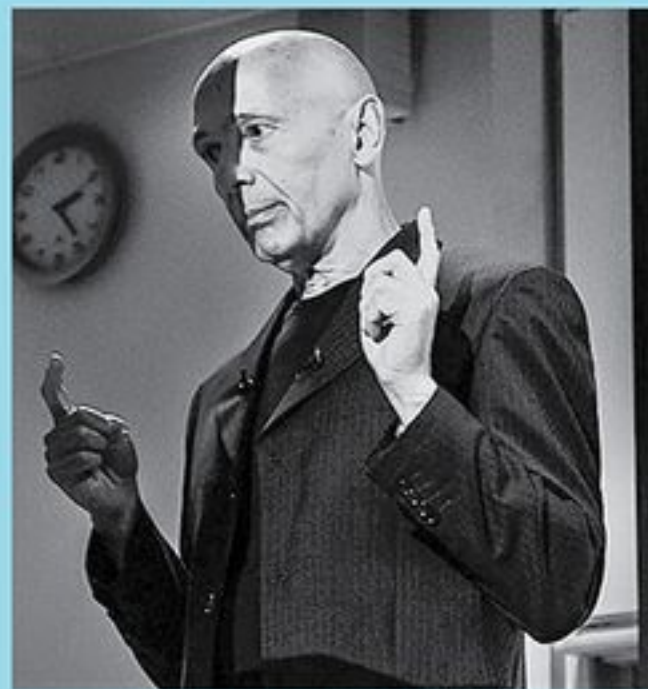
an experiential/theoretical
workshop with
Manu Bazzano

HOW TO BUILD A BODY-WITHOUT-ORGANS: A USER'S GUIDE

An experiential/theoretical workshop with Manu Bazzano
What is the body? And do we fully know what a body can do?
The term 'embodiment' has gained traction in spirituality, psychotherapy and the wider world, but what do we mean by the body and embodiment? We will investigate some transformative aspects of psychotherapy theory and practice going beyond the usual confines of the self-construct. Embodiment is only the first step. The second is building a body-without-organs (BWO), a body liberated from automatic reactions and restored to greater freedom. A sensual body that dreams, feels and thinks outside the confines of language socio-political conditioning and the dictates of biology. A body open to crossing the liminal zones state and the hierarchical structures of language. A body wrenched away from psychiatry, the

Manu Bazzano is a psychotherapist, supervisor and internationally recognized lecturer, author and facilitator. An ordained Zen monk Manu hosts Zazen meditation sessions and is an assistant tutor at Cambridge University. His latest books are *Nietzsche and Psychotherapy* and *Re-Visioning Existential Therapy: Counter-traditional Perspectives*

WWW.manubazzano.com



Cost?

£50

CPD certificates available
on request, 7 hours

Open and accessible to anyone
interested in psychotherapy,
counselling, psychology or life
and the body.

Where?

The Birchcliffe Centre
Hebden Bridge

When?

Saturday October 10th

For details and booking,
accommodation

in Hebden etc please contact
hughknopf@rocketmail.com
or mobile: 07861 463819